

# Statistics Report 01244, Milk dessert bar, frozen, made from lowfat milk

Report Date: July 16, 2017 17:37 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	61.43	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Energy	kcal	147	2	--	132	162	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Energy	kJ	615	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Protein	g	4.41	2	--	4.41	4.41	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Total lipid (fat)	g	1.47	2	--	1.47	1.47	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Ash	g	0.69	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Carbohydrate, by difference	g	33.09	2	--	30.88	35.29	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	6.6	2	--	5.9	7.4	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Sugars, total	g	22.06	2	--	22.06	22.06	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Minerals													
Calcium, Ca	mg	184	2	--	147	221	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Iron, Fe	mg	0.53	2	--	0	1.06	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Magnesium, Mg	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Phosphorus, P	mg	83	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Potassium, K	mg	316	2	--	250	382	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Sodium, Na	mg	92	2	--	81	103	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Zinc, Zn	mg	0.43	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Copper, Cu	mg	0.103	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Selenium, Se	µg	2.2	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamins													
Vitamin C, total ascorbic acid	mg	0.9	2	--	0	1.8	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Thiamin	mg	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Riboflavin	mg	0.129	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Niacin	mg	0.126	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin B-6	mg	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Folate, total	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Folate, food	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Folate, DFE	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Choline, total	mg	19.6	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin B-12	µg	0.14	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin A, RAE	µg	71	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Retinol	µg	60	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Carotene, beta	µg	135	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	424	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Lutein + zeaxanthin	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin E (alpha-tocopherol)	mg	0.20	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Vitamin D	IU	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Vitamin K (phylloquinone)	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Lipids													
Fatty acids, total saturated	g	0.810	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
4:0	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
6:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
8:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
10:0	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
12:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
14:0	g	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
16:0	g	0.378	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
18:0	g	0.399	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Fatty acids, total monounsaturated	g	0.462	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
16:1 undifferentiated	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 undifferentiated	g	0.455	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Fatty acids, total polyunsaturated	g	0.052	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
18:2 undifferentiated	g	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
18:3 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Cholesterol	mg	7	2	--	7	7	1.0	--	--	1	Calculated from nutrient label by NDL	--	04/2011
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Caffeine	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011
Theobromine	mg	69	--	--	--	--	--	--	--	--	Calculated or imputed	19114	04/2011